

MERRY CHRISTMAS & a HAPPY NEW YEAR

From the fabulous team at
Sports Injury Clinic
Merry Christmas & Happy New Year

Stay hydrated! Slip-Slop-Slap & scan those QR codes!

We are here if you hurt yourself trying out that new skateboard, bike, scooter, skates, boogie board.....you get the idea.

Are you 'Run Ready'?

Book an assessment in with one of our physios to make sure you are 'match fit' for the running season.

Small niggles can turn into big injuries if ignored. We are here to help prevent injury as well as assist with rehab and recovery.

We can also give advice on the best shoes for your feet and running style.



Farewell Lois

After over 20 years as the friendly front desk face of Sports Injury Clinic our lovely Lois has retired. I am sure you all join with me in wishing her well in her retirement & thanking her for all her hard work over the years. She will be very missed by staff & patients alike.



Holiday Hours

We are open throughout the
holiday season
(Closed statutory holidays only)

BOOK ONLINE

or Call us on 09 478 0578

www.SportsInjuryClinics.co.nz

950 East Coast Road, Northcross

